



APPLICATION FOR
PROJECT HARVEST
and PLANET EARTH-DIG IT

Name _____
 Sex ____ Age ____ Date of Birth _____
 School _____
 Completing grade _____ in June 2012
 Parent(s) _____
 Address _____
 _____ Zip _____
 Home phone _____
 E-mail Address _____
 Work phone, Mother _____
 Cell Phone _____
 Work Phone, Father _____

APPLYING FOR PROJECT HARVEST
FOR GIRLS 13-14

I July 29- August 3, 2012 _____

II August 5-10, 2012 _____

PLANET EARTH, DIG IT or GIRLS and Boys 15-16

July 22-July 27, 2012 _____

Tuition \$625. \$ _____
 Airport transportation(\$40.)\$ _____
 T-Shirt Included _____
 Child M (10-12)-----Child L (14-16) _____
 Adult M ____ Adult L ____ Adult XL ____
 To the Scholarship Fund \$ _____
 Total Enclosed \$ _____
 Check # _____
 Credit Card# _____
 Exp. Date _____

Note: We want to reflect the diversity of our planet earth at Sprout Creek. We receive many requests for financial aid. You can help a child attend a Sprout Creek Farm Program by adding a donation to your tuition check. Your gift will be tax deductible and will be added to other gift funds dedicated to scholarship aid. If you choose to add a donation to your check, please note the amount

PLANET EARTH—DIG IT
for 15-16 Year Old Girls AND BOYS

Discover a Bigger World
 Smell, Touch, Breathe in the Land
 Appreciate the Wonder of Food
 Be Proud of Farm Scars
 Harvest Vegetables
 Witness the Miracle of Life
 Reap What You Sow
 Realize How Food Gets to Your Table
 Comfort the Afflicted, Afflict the Comfortable
 Make Connections
 Grow
 Make Changes for a Better World



PLANET EARTH-DIG IT is a five day service program. The context is food. The issue is hunger. The effects of both abundance and scarcity impact all species, and affect our spiritual, physical, emotional, and mental, balance, and ultimately the very health of the planet itself.

Participants will do animal chores, work in Sprout Creek Farm gardens, cook with the fruits of the harvest, develop traditional farm skills, work at the Lunch Box, a soup kitchen for the hungry and homeless of the area. Significant time will be spent in activities, reflection and hands on seminars that explore and analyze the significance of sustainable farms, and sustainable practices, and the impact of food choice for us and for the world. While building community with one another, participants will engage in activities that make the connection between actions and the earth's resources. There will be time as well to cook, swim in the creek, and enjoy all the life at Sprout Creek Farm.

PROJECT HARVEST
for 13-14 Year Old Girls

Till the Land
 Plant a Seed
 Pray for Rain
 Chase the Weeds
 Make New Friends
 Milk a Cow
 Love the Plant
 Harvest the Fruit
 Feed the Hungry

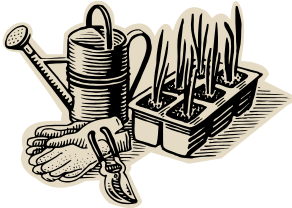
Project Harvest is a weeklong service program that gives you the opportunity to live together at Sprout Creek Farm while working at an organic garden, a CSA (Community Supported Agriculture), and a soup kitchen. You grow and harvest vegetables to feed others and yourselves. You explore new worlds, make new friends and gain broader perspectives. During your days here, you will come to a more empathic understanding of those in need. The world around you will change you. You will stand in awe at the interdependence of all living things.



Each day begins in the garden: planting, weeding and harvesting the fruits of your labor. From the garden, you will go to the "Lunch Box", a soup kitchen where you will prepare and serve lunch to people in need. In the afternoon you will take some time alone to think reflectively and share your insights. You will refresh yourselves in Sprout Creek, do art, load hay, or build fences as you continue to extend your newly acquired skills. In the early evening you will milk cows and goats, feed sheep, bucks, heifers, collect eggs, and prepare the evening meal. As the sun descends on the gardens, the community gathers for dinner. This celebration rewards everyone for her day of harvest. In the evening you can enjoy your friends, venture as far as our hay fields or deep inside yourself, read a book, play a game, or gaze at the stars.

Agricultural Statement of Purpose

The Sprout Creek Farm provides a strong foundation for the Educational programs, the Creamery, and the Market. Through careful attention to the health of the fields and animals, the farm provides an atmosphere for experiential farm-based education with the farm as teacher. The farm produces milk from its herds of cows and goats to be used in the Creamery and made into delicious cheeses. Those cheeses are sold both in the Market and in stores and restaurants nationally in order to support the farming operation. The farm endeavors to balance its dual identity as a sustainable working farm and an educational resource.



Educational Statement of Purpose

The Sprout Creek Farm Educational Programs teach children and adults to love our fragile earth, to understand our connectedness to it, and thus to develop a passion for protecting its integrity. All programs use the farm setting to teach care of animals, plants and people in order to experience a simpler, more environmentally integrated way of life. Students of all ages learn by action how to better appreciate the earth's inherent beauty and intelligence, become interested global issues, and explore new routes by which social and personal change can occur.

Project Harvest and Dig It programs of Sprout Creek Farm, offer girls 13-14 and Girls and Boys 15-16 the best of both worlds. The best of giving and the best of taking! Come join the Sprout Creek Farm community of farmers and teachers for a few days and work with planet earth in all the growing-madness of summer. Then, take what you help to grow to those who need it. Find out what makes the world go 'round a little differently. Find out it's you!

SPROUT CREEK FARM

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Poughkeepsie, NY 12603

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Sprout Creek Farm 2012 Summer Programs

Project Harvest

for Girls 13-14

July 29-August 3, 2012

August 5-10, 2012

PLANET EARTH—DIG IT

for Girls and Boys 15-16

July 22-27, 2012

